

Protect Tiny Teeth

You may not see them yet, but your baby's teeth are hiding right beneath the gums.



Here's how to keep that little smile healthy:

1

The best way to spot signs of problems is to take your baby for a dental check-up as soon as he has a tooth or by his first birthday. If you don't have a place to go, ask your pediatrician to check out your baby's mouth and provide a dental referral.

2

Wipe your baby's gums with a soft, clean cloth after feedings and at bedtime. This helps wipe away sugar and bacteria that together can cause cavities.

Ask your pediatrician about other tips and visit [HealthyChildren.org/tinyteeth](https://www.healthychildren.org/tinyteeth)

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This poster is supported by the Grant or Cooperative Agreement Number, [6 NU38OT000167-04-01], funded by the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the CDC or the Department of Health and Human Services.

The American Academy of Pediatric Dentistry, American College of Obstetricians and Gynecologists, American Dental Association, and the American Dental Hygienists' Association support the value of this clinical document as an educational tool, January 2019.

American Academy
of Pediatrics



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