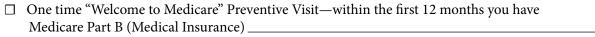
Are You Up-To-Date on Your Preventive Services?

Medicare covers a full range of preventive services to help keep you healthy and find problems early, when treatment is most likely to work best. Ask your doctor what services are right for you, and use the space below to track appointment dates, times, and other important information.



- □ Yearly "Wellness" Visit—get this visit 12 months after your "Welcome to Medicare" preventive visit or 12 months after your Part B effective date ______
- Abdominal Aortic Aneurysm Screening _______
- □ Alcohol Misuse Screening and Counseling _____
- Blood-based Biomarker Test
- Bone Mass Measurement (Bone Density Test)
- Cardiovascular Disease (Behavorial Therapy)
- Cardiovascular Screenings (cholesterol, lipids, triglycerides)
- Colorectal Cancer Screenings
- Depression Screening ______
- Diabetes Screening ______
- Diabetes Self-management Training ______
- Flu Shot ______

Glaucoma Test
Hepatitis B Screening
Hepatitis C Screening
HIV Screening
Lung Cancer Screening
Mammogram (screening for breast cancer)
Medical Nutrition Therapy Services
Medicare Diabetes Prevention Program
Obesity Screening and Counseling
Pap Test and Pelvic Exam (includes a breast exam)
Pneumococcal Shots
Prostate Cancer Screening
Sexually Transmitted Infection Screening and Counseling
Counseling to Prevent Tobacco Use and Tobacco-caused Disease

"Your Guide to Medicare Preventive Services" has more information, like costs and conditions that my apply, about these and other preventive services, Visit **Medicare.gov/publications**.



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